

EAT WELL



FEEL GREAT

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MARCH 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>Breakfast</u> WG Strawberry Frosted Pop Tart Craisin</p> <p><u>Lunch</u> Corn Dog Juice or Fresh Fruit Assorted Vegetables</p> <p>1</p>	<p><u>Breakfast</u> Donut Round Applesauce</p> <p><u>Lunch</u> Chicken Patty on a WG Bun Juice or Fresh Fruit Assorted Vegetables</p> <p>2</p>	<p><u>Breakfast</u> Assorted Cereal Raisin</p> <p><u>Lunch</u> General Tso Popcorn Chicken with Rice and Broccoli Juice or Fresh Fruit</p> <p>3</p>	<p><u>Breakfast</u> Benefit Bar Applesauce</p> <p><u>Lunch</u> Chicken Nuggets and WG Goldfish Juice or Fresh Fruit Assorted Vegetables</p> <p>4</p>	<p><u>Breakfast</u> WG Scooby Snack Grahams Raisin</p> <p><u>Lunch</u> Fish Tacos Juice or Fresh Fruit Assorted Vegetables</p> <p>5</p>	<p><u>Breakfast</u> Bagel and Jelly Craisin</p> <p><u>Lunch</u> Galaxy Pizza Juice or Fresh Fruit Assorted Vegetables</p> <p>6</p>	<p><u>Breakfast</u> UBR Bar Applesauce</p> <p><u>Lunch</u> Chicken Alfredo with Pasta Juice or Fresh Fruit Assorted Vegetables</p> <p>7</p>
<p><u>Breakfast</u> Strawberry Bagel Applesauce</p> <p><u>Lunch</u> Pancakes and String Cheese Juice or Fresh Fruit Assorted Vegetables</p> <p>8</p>	<p><u>Breakfast</u> Apple Frudel Craisin</p> <p><u>Lunch</u> Pizza Cheese Crunchers Juice or Fresh Fruit Assorted Vegetables</p> <p>9</p>	<p><u>Breakfast</u> UBR Bar Applesauce</p> <p><u>Lunch</u> Chicken Patty on a WG Bun Juice or Fresh Fruit Assorted Vegetables</p> <p>10</p>	<p><u>Breakfast</u> Donut Round</p> <p><u>Lunch</u> Corn Dog Juice or Fresh Fruit Assorted Vegetables</p> <p>11</p>	<p><u>Breakfast</u> Cinnamon Bun Raisin</p> <p><u>Lunch</u> Fish and Chips Juice or Fresh Fruit Assorted Vegetables</p> <p>12</p>	<p><u>Breakfast</u> Cinnamon French Toast Craisin</p> <p><u>Lunch</u> Beef Tacos on WG Tortillas Juice or Fresh Fruit</p> <p>13</p>	<p><u>Breakfast</u> Strawberry Bagel Strawberry Applesauce</p> <p><u>Lunch</u> Strawberry Pancakes with Yogurt Strawberry Cup Assorted Vegetables</p> <p>14</p>
<p><u>Breakfast</u> Assorted Cereal Applesauce</p> <p><u>Lunch</u> Chili Cheese Max Wrap Juice or Fresh Fruit Assorted Vegetables</p> <p>15</p>	<p><u>Breakfast</u> WG Scooby Snack Grahams Craisin</p> <p><u>Lunch</u> Hamburger on a WG Bun Juice or Fresh Fruit Assorted Vegetables</p> <p>16</p>	<p><u>Breakfast</u> Banana Chocolate Chip Nature Valley Round Raisin</p> <p><u>Lunch</u> Garlic and Herb Pizza Pull Aparts Juice or Fresh Fruit Assorted Vegetables</p> <p>17</p>	<p><u>Breakfast</u> Assorted Cereal Applesauce</p> <p><u>Lunch</u> Pancakes and Cheese Cubes Juice or Fresh Fruit Assorted Vegetables</p> <p>18</p>	<p><u>Breakfast</u> Muffin Raisin</p> <p><u>Lunch</u> Fish Stick Tacos with Spicy Slaw Juice or Fresh Fruit Assorted Vegetables</p> <p>19</p>	<p><u>Breakfast</u> Donut Round</p> <p><u>Lunch</u> Pizza Cheese Crunchers Juice or Fresh Fruit Assorted Vegetables</p> <p>20</p>	<p><u>Breakfast</u> UBR Bar Applesauce</p> <p><u>Lunch</u> Grilled Cheese Juice or Fresh Fruit Assorted Vegetables</p> <p>21</p>
<p><u>Breakfast</u> Trix Cereal Bar Applesauce</p> <p><u>Lunch</u> Pancakes and String Cheese Juice or Fresh Fruit Assorted Vegetables</p> <p>22</p>	<p><u>Breakfast</u> Cinnamon Bun Craisin</p> <p><u>Lunch</u> Orange Chicken with Rice Juice or Fresh Fruit Assorted Vegetables</p> <p>23</p>	<p><u>Breakfast</u> Donut Round Raisin</p> <p><u>Lunch</u> Chicken Alfredo with Pasta Juice or Fresh Fruit Assorted Vegetables</p> <p>24</p>	<p><u>Breakfast</u> WG Strawberry Frosted Pop Tart Applesauce</p> <p><u>Lunch</u> Corn Dog Juice or Fresh Fruit Assorted Vegetables</p> <p>25</p>	<p><u>Breakfast</u> Muffin Raisin</p> <p><u>Lunch</u> Fish Patty with Goldfish Juice or Fresh Fruit Assorted Vegetables</p> <p>26</p>	<p><u>Breakfast</u> Strawberry Chex Craisin</p> <p><u>Lunch</u> Queso Pizza Pull Aparts Juice or Fresh Fruit Assorted Vegetables</p> <p>27</p>	<p><u>Breakfast</u> UBR Bar Applesauce</p> <p><u>Lunch</u> Chili with Crackers Juice or Fresh Fruit Assorted Vegetables</p> <p>28</p>
<p><u>Breakfast</u> WG Strawberry Frosted Pop Tart Craisin</p> <p><u>Lunch</u> Garlic and Herb Pizza Pull Aparts Juice or Fresh Fruit Assorted Vegetables</p> <p>29</p>	<p><u>Breakfast</u> Donut Round Applesauce</p> <p><u>Lunch</u> Chicken Patty on a WG Bun Juice or Fresh Fruit Assorted Vegetables</p> <p>30</p>	<p><u>Breakfast</u> Assorted Cereal Raisin</p> <p><u>Lunch</u> Teriyaki Popcorn Chicken with Rice Juice or Fresh Fruit Assorted Vegetables</p> <p>31</p>				